SPORT KARATE INTERNATIONAL © copyright 2018-all rights reserved NBL Scoresheet 2019 - En 10/29/18

Div #

Judge's Last Name

Player's Last Name Player Order #	Player's Last Name	Player Order #
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FORMS/WEAPONS Contemp, Creative & Music	FORMS/WEAPONS Traditional	SELF DEFENSE Contemporary	SELF DEFENSE Traditional	BREAKING	SCORES
BASICS	PERFECTION	BASICS	BASICS	BASICS	V
Score on quality of: 1. Speed 2. Focus 3. Power 4. Balance 5. Yell (kiai) 6. Breathing 7. Weapons (Most important if used) 8. Fluidity (Chinese only)	Score on quality of: 1. Upper body posture 2. Hand techniques 3. Focus (eye contact) 4. Weapons (Most important if used)	Score on quality of: 1. Speed 2. Focus 3. Power 4. Balance 5. Yell (kiai) 6. Breathing 7. Fluidity (Chinese only)	Score on quality of: 1. Speed 2. Focus 3. Power 4. Balance 5. Yell (kiai) 6. Breathing 7. Fluidity (Chinese only)	Score on quality of: 1. Speed 2. Focus 3. Power 4. Balance 5. Yell (kiai) 6. Breathing 7. Proper form in Execution	
Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	
PERFECTION OF TECHNIQUES	PERFECTION Lower Body Form	SUCCESSFULNESS OF APPLICATION	SUCCESSFULNESS OF APPLICATION	SUCCESSFULNESS FOR DIFFICULTY	
Score on quality of: 1. Kicks (chambers) 2. Stance 3. Hands 4. Gymnastics (if used) 5. Weapons (Most important if used)	Score on quality of: 1. Stances 2. Kicks (chambers) 3. Hip Rotation (Japanese)	Score on quality of: 1. Kicks (chambers) 2. Locks/Holds 3. Hands 4. Throws 5. Gymnastics	Score on quality of: 1. Kicks (chambers) 2. Locks/Holds 3. Hands 4. Throws 5. Gymnastics	Score on quality of: 1. Kicks 2. Hands 3. Other techniques	
Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	
DEGREE OF DIFFICULTY	PERFECTION Transition of Techniques	DEGREE OF DIFFICULTY	PERFECTION OF TECHNIQUES	DEGREE OF DIFFICULTY	
Score on quality of: 1. Kicks (chambers) 2. Stance 3. Hands 4. Gymnastics (if used) 5. Weapons (Most important if used)	Score on quality of: 1. Stance to Stance 2. Transition - balance 3. Transition - focus (head turns) 4. Transition - kicks	Score on quality of: 1. Kicks (chambers) 2. Locks/Holds 3. Hands 4. Throws 5. Gymnastics	Score on quality of: 1. Kicks (chambers) 2. Locks/Holds 3. Hands 4. Throws 5. Gymnastics	Score on quality of: 1. Number of breaks 2. Strength of material 3. Success ratio for difficulty	
Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	
ENTERTAINMENT VALUE	PERFECTION Body Dynamics	ENTERTAINMENT VALUE	DEGREE OF DIFFICULTY	ENTERTAINMENT VALUE	
Score on quality of: 1. Showmanship 2. Creativity 3. Weapons (Most important if used)	Score on quality of: 1. Speed 2. Power 3. Breathing 4. Yell (kiai)	Score on quality of: 1. Showmanship 2. Creativity	Score on quality of: 1. Kicks (chambers) 2. Locks/Holds 3. Hands 4. Throws	Score on quality of: 1. Showmanship 2. Creativity	
Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	Scoring Must be 20-25	

GYMNASTICS - Up to 7 gymnastics are allowed in contemporary forms & weapons & all SD divisions (not allowed in "Limited" divisions). Gymnastics can enhance a players score however must not be the main criteria in scoring. More than 7 will automatically DQ the player. Any amount are allowed in soft contemporary divisions. Techniques considered gymnastics include Cartwheels, Round-offs, Cartwheel Aerials (with or w/o twists), Front & Back Handsprings, Front & Back Flips, Front & Side Splits, Kip-ups & Barrell Rolls (Touchdown Raizes are not considered gymnastics)

MUSICAL DIVISIONS - Players in "Choreographed" divisions <u>CANNOT</u> use just background music. Occasional sound effects can be added but <u>CANNOT</u> be considered as part of the players' choreography requirement. The form must follow the rhythm (various beats) of the original music. The Promoter must have chosen one of the two following options:

Opt 2-a a) Judges will award one of the following musical choreography scores:

1) 2 points = Sufficient choreography to music where an obvious attempt was made by the player to choreograph the majority of the form.

2) 1 point = Attempted choreography of the form where only a few techniques are choreographed. For example the beginning &/or ending of the form.

3) 0 points = Basically not choreographed. A few techniques may hit beats on purpose or accidentally.

A total of 4-6 points = No deduction / 2-3 points = 0.05 point deduction off player's overall score / 0-1 points = DQ by Scorekeeper.

Opt 2-b b) Judges will not award a separate musical choreography score, but choreography will be reflected in Judges' individual scores &/or will be a final score reduction of 0.05 with that decision being made by the Center Referee, Arbitrator or with a majority vote of the Judges.

"LIMITED" DIVISIONS - No gymnastics allowed & no techniques allowed that involve player's head to invert while in the air (inc. aubitido, capoeira, touchdown raiz, side swipe, cork, misty flip, hyper fulls, flares, windmills, etc.). Weapons divisions do not allow intentional releases & the weapon cannot leave the hand/wrist proximity (up to 1"). A 0.05 deduction will be taken off the player's total score for each & every violation with that decision being made by the Center Referee, Arbitrator or with a majority vote of the Judges.

OVERTIME - The Scorekeeper must deduct 0.05 for every 10 seconds a player exceeds the time limit over 3 minutes (with exceptions).

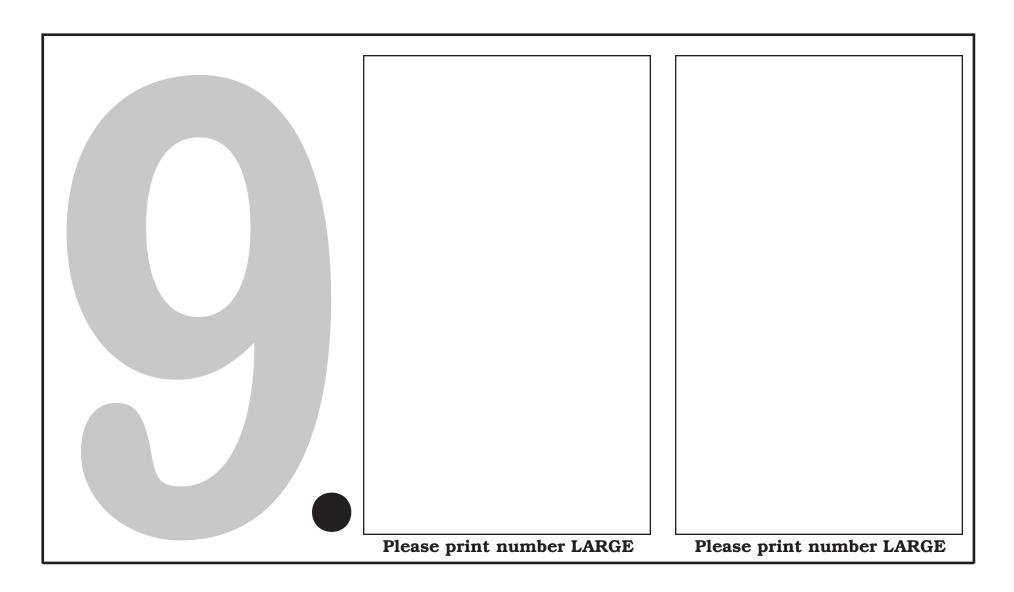


total score to backside

Transfer

If all 4 scores are 25 each, then the 9 above must be written over top as a 10, both here & on the reverse side of this sheet.





Maximum deviation score that is allowed from second highest Judges' score is 0.03. Adjust any Judges' scores to 0.03 of the second highest score if necessary.



Maximum Deviation Score Revision